God's Transforming Grace

What Is Your Definition of Love? Does It Look Like Jesus?



A companion to Quest for Exceptional Love by Darla Colinet

What I learned about love shaped what I expected and accepted in my relationships. As I studied God's Word, Jesus helped me see where my understanding of love differed from His. I invite you to take a quiet moment with Him and look honestly at what you've learned to call love.

Complete this worksheet privately. In the left column, write what you've learned to accept, what you have adopted, what you expect from love, and how you respond in hard moments.

Now, read John 13:34–35, 1 Corinthians 13:4–7, and James 1:19–20. In the right column, write what these Scriptures show you about Christ's love design.

Your answers	What does the Bible say?
Love looks like	
Love feels like	
Love says	
Love does	
How do you handle...	
Disagreements or conflict	
Anger	
Disappointment or unmet expectations	