

## FEAR & ANXIETY

FOR GOD SO LOVED THE WORLD THAT HE GAVE HIS ONE AND ONLY SON, THAT WHOEVER
BELIEVES IN HIM SHALL NOT PERISH BUT HAVE ETERNAL LIFE.

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SUN	MON	TUE	WED	THU	FRI	SAT
			FEAR OF THE FUTURE Read: Jeremiah 29:11; Romans 8:28; Revelation 1:17-18	FEAR OF DISASTER Read: Proverbs 1:33; 3:25-26; Luke 6:46-49	FEAR OF PEOPLE Read: Proverbs 29:25; Isaiah 51:7	FEAR OF LONELINESS Read: Psalm 68:5; Isaiah 41:10
FEAR OF NOT BEING IN CONTROL Read: Luke 12:22-26; John 16:33	A LACK OF FAITH Read: Mark 4:40; Luke 8:22-25	IT'S UNHEALTHY Read: Psalm 55:4-5; 94:19	WE ARE AT WAR Read: Isaiah 54:17; John 10:10; 1 Peter 5:8-9	CONDEMNATION Read: Romans 8:1-4	FEAR OF THE LORD Read: Psalm 34:11-14; Proverbs 3:7-8; 9:10; 14:26-27; 15:33; 31:30	GOD IS IN CONTROL Read: Luke 12:22-31; John 10:27-29
GOD HAS DELIVERED US Read: Psalm 91:1-16; Colossians 1:13-14	GOD LOVES US Read: Zephaniah 3:17; Romans 8:31-39; 1 John 4:18-19	GOD IS POWERFUL Read: Job 26:7-14; Matthew 28:18	GOD IS OUR STRENGTH Read: Psalm 27:1-3	RENEW OUR MINDS Read: Romans 12:22; Corinthians 10:3-5	WHATEVER IS LOVELY Read: Job 3:25; Psalm 23:6; Mark 5:35-43; Romans 8:5-7; Philippians 4:8; Colossians 3:2	GOD WILL NEVER LEAVE YOU Read: Deuteronomy 31:6; Psalm 23:4
GOD IS YOUR HELP Read: Psalm 34:4; 118:5- 7; John 17:9-19	GOD IS YOUR REDEEMER Read: Isaiah 41:13-14; 43:1-2	PRAISE AND WORSHIP Read: Acts 16:25-26; Philippians 4:4-7; 1 Thessalonians 5:16	DECLARE HIS PROMISES Read: Isaiah 40:29-31; Philippians 4:19; Hebrews 10:19-23	GRATITUDE Read: Psalm 69:30; Colossians 3:17; 1 Thessalonians 5:18	PRAYER Read: Philippians 4:6-7; 1 Thessalonians 5:17	ENCOURAGEMENT Read: Proverbs 15:4; Matthew 15:11; Ephesians 4:25-32
THE ARMOR OF GOD Read: Psalm 119:105; Ephesians 6:10-18	COMMIT EVERYTHING YOU DO TO THE LORD Read: Proverbs 16:3	OVERCOME EVIL Read: Romans 12:21	DOERS OF THE WORD Read: Philippians 4:9; James 1:22-25	TRUST GOD AND DO NOT FEAR Read: Proverbs 3:5-8; Romans 16:20		